



Sex and Relationships Education policy

Approval Requirements	Headteacher
Approval/Ratification Date	July 2018
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Signed – Chair of Governors	

Park Way Primary School

Sex and Relationships Education Policy

Introduction

At Park Way Primary School, we believe that children should be taught about changes that occur as they mature and are growing up. Sex and relationships education (SRE) goes beyond the biological knowledge of sex and the importance of personal hygiene; it also has moral, legal, cultural and ethnic dimensions. It is part of our 'Healthy Schools' status to guide and develop the children in making informed choices, to understand and deal with their emotions and experience healthy relationships with others.

Aims and Objectives

In line with our values of respect, resilience and responsibility, we aim to contribute and promote the spiritual, moral, cultural, mental and physical development of our children. It will prepare them for opportunities, responsibilities and experiences of adult life.

Throughout our teaching we hope to enable children to learn the significance of stable relationships and marriage. We aim to encourage children to develop caring, honest relationships and value others. Our school values of respect, resilience and responsibility run through this as they do as a thread throughout everything we do in school.

We aim to inform the children about the physical changes of the male and female bodies throughout puberty and encourage them to ask questions where appropriate. We will also provide reassurance that puberty is normal and acceptable.

We aim to help young people build their self esteem in order to respect themselves and others and move with confidence from childhood through to adolescence.

We aim to provide the children with a basic knowledge and understanding of what happens during sexual intercourse and that this can result in pregnancy. We also wish to encourage discussion and correct any misconceptions about sex and sexuality. We recognise different types of relationships and as always would answer children's questions openly and honestly in an age appropriate manner. However we do not advocate, teach or discriminate in relation to people's sexuality or relationships.

We will also emphasise respect for their own bodies and the importance of sexual activity being within a respectful, committed, long term loving relationship. Pupils will be given accurate information and helped to develop skills to enable them to understand differences and develop an awareness of responsibility for themselves and for others.

We aim to provide an environment where children can seek advice on sexual matters discretely, including those that could be perceived as sexual abuse or exploitation.

Teaching and Learning Style

At Park Way Primary School, we use a variety of teaching and learning styles to aid SRE. Our principal aim is to teach children to foster and develop caring relationships with others and to understand what growing up means including sexual maturity, sex is, and its possible consequences.

SRE is part of and supports the Science, R.E. and PHSE policies across Key Stage 2. PSHE throughout the school is supported by the use of the SEAL (Social and Emotional Aspects of Learning) programme.

SRE has three main elements:

- 1. Attitudes and values:** learning the importance of values, individual conscience and moral considerations; learning the value of family life, marriage and stable loving relationships; learning the value of respect, love and care; exploring and understanding moral dilemmas; developing critical thinking as part of decision-making.
- 2. Personal and social skills:** learning to manage emotions and relationships confidently and sensitively; learning to develop self-respect and empathy for others; learning to make choices based on an understanding of difference with an absence of prejudice; developing an appreciation of the consequences of choices made; managing conflict; learning how to recognise and avoid exploitation and abuse.

- 3. Knowledge and understanding:** learning and understanding the physical development at the appropriate stages; understanding human sexuality, reproduction, sexual health, emotions and relationships.

Year 6 sometimes work in single sex groups, have opportunities to ask questions anonymously, abide by some ground rules and watch the 'Living and Growing' DVD. Distancing techniques are used, i.e. fictitious characters instead of real people, as a vehicle for teaching and making the children talk more openly. Other teaching methods include drama, role play, emotional literacy and circle times. Prior to the showing of the DVD to the children, parents are invited to view the programmes and discuss any issues arising. This provides them with the opportunity to approve the input given or withdraw their child.

Teachers have responsibility to ensure the safety and welfare of pupils and can reassure parents that personal beliefs and attitudes of teachers will not influence the teaching of SRE at Park Way Primary School. The teaching of SRE is always compatible with the child protection policy. Teachers and all those contributing to SRE are expected to work within the agreed school ethos and values.

There are suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. This is achieved through a range of strategies including differentiation in group activities, allowing children to ask questions and explore their ideas and teaching assistants are available to support children with special needs so they can access the curriculum at their level.

SRE Curriculum Planning

SRE is only part of the PSHE, R.E. and Science curriculum. It is outlined in our medium term plans and gives an overview of progressive skills and learning for each year group.

SRE is will be taught in all year groups, it will be age appropriate and will build on knowledge from year to year :

The focus Key Stage One will be; building successful friendships, body language, how our actions affect others, making choices, building self esteem, similarities and differences.

In Years 3 and 4 the focus will be on Marriage in different cultures, birth customs in different religions, growing up – growing taller, being more skilful, hopes and dreams for the future, Emotional Literacy – resolving conflict, celebrating our differences, good to be me, and friendship.

The focus in Y5 will be; The human life cycle, personal hygiene, building self esteem, and building good relationships.

The focus in Y6 will be growing up and puberty including how babies are made, how babies are born, the emotional and physical changes in puberty, dispelling myths, reassuring children and addressing concerns and worries.

Contribution of SRE to teaching in other curriculum areas

The skills that children develop in SRE are linked to and applied in every subject of our curriculum. The children's skills in developing relationships with others are practised all the time. Decision-making and choices are also key skills that filter through the curriculum.

Teaching SRE to children with children with additional needs

Children with specific learning needs are able to access the SRE through enlarged texts, small group discussion, visual and written materials in different formats, through ICT, through signs, symbols and pictures and by teaching assistants supporting them in the classroom. Further details can be found in our SEN, Inclusion and Equality documents.

Assessment and recording

Teachers carry out assessments through observation, discussion with the children and written evidence. There is also feedback from lunchtimes about any social or friendship difficulties. There is no formal assessment of this subject.

Monitoring and Review

Monitoring the standards of children's work and the quality of teaching in SRE is the responsibility of the PSHE subject leader. The subject leader also needs to offer support and advice to colleagues in the teaching and learning of SRE. The PSHE leader gives the headteacher an annual summary report evaluating the strengths and weaknesses in this area and suggests further developments.

The DVD shown to the children is annually reviewed and must be approved by staff and governors.

Named member of staff responsible for SRE: Karen Dhanecha

Named Governor linked to SRE: