

# The Park Way Post



13<sup>th</sup> February 2026

**Have a restful and relaxing half term – children come back to school on Monday 23<sup>rd</sup> February.**

## Help – Next Term

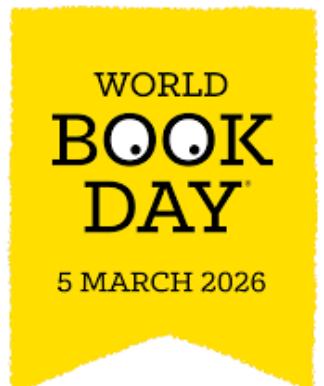
We need your clean empty yoghurt pots!!! Please save them for us! Early Years would love to take them off your hands! If you have some, please hand them to any of the Early Years team.

## World Book Day

At Park Way we love reading! On Thursday 5<sup>th</sup> March it will be National World Book Day and we would love as many children as possible to get involved and share their love of stories. This year we are basing the week around traditional tales and fairy tales, so would like any child who wishes to participate to dress up as their favourite character from a traditional story. This could be:

- Cinderella
- Sleeping Beauty
- Goldilocks and the Three Bears
- The Three Little Pigs
- Jack and the Beanstalk
- Little Red Riding Hood

or any others you may know.



If you are stuck for ideas you may wish to have a look at the World Book Day website <https://www.worldbookday.com/resources/dressing-up-ideas-for-parents-and-carers/>

We cannot wait to see your amazing costumes! Mr Saunders

## Parking

Parents should not park on the zigzag lines for ANY reason, they are there for the safety of all children. Similarly do not park on our school drive in front of the gates - access MUST be maintained at all times for emergency vehicles. Please do not block residents drives, please find a safe and legal place to park - DO NOT PARK ON THE PAVEMENT - you may have to park further away and walk.



## Pastoral team news

Thank you to all the students who participated in the National Storytelling week book competition.

The creations were wonderful and the pastoral team will be handing out certificates to the winners this week.



## School Hall

Are you looking for a space to rent for a club? a child's party? You could rent out our hall!

Please get in touch with our Business Manager - Miss Dann, who would be more than happy to provide a quote and let you know availability!

[jasmine.dann@park-way.kent.sch.uk](mailto:jasmine.dann@park-way.kent.sch.uk)

Please tell your friends too!



## Late...

If you are going to be late in the mornings, whether it be due to traffic or health appointments, please call the office and let us know if your child will need a school lunch.

**The office needs to know by 9.30am.**

Lunches are cooked to order to avoid wastage and to keep the costs down to parents. The menu is on our website and further down the newsletter should you need it.



## Letter Requests

Please remember if you require a letter regarding proof that your child attends Park Way these requests take 5-10 working days to process.

## Scopay

Please ensure you have downloaded the Scopay app and have an account - please do not unsubscribe from our emails as you will miss vital information. All of our trips, clubs and permissions are all on Scopay, if you do not have the app your child could miss out. If you require a link code, please come to the office.

## Class Assemblies

Please see the end of the newsletter for dates for all the class assemblies for this year. You are more than welcome to come and watch your child's assembly, please stay after morning drop off and head to the back of the hall. Please can we remind parents/carers to keep their phones switched off or on silent during the class assemblies. Thank you



## Lost Property

Please ensure you write your child's name in ALL of their uniform. The the majority of our lost property is unnamed. This makes it really difficult to reunite items with their owners.

## Earrings

There has been an increase in children wearing unsuitable earrings to school. **We would like to remind you that earrings must be small studs. Hoop earrings must not be worn for school, please save them for outside of school.** **Children must be able to take their stud earrings out for PE themselves, we are unable to do this for them and we cannot tape them.**

## Football

Football sessions at Park Way will be up and running again this term, run by Lily herself. Formally working for STS, Lily has now started up on her own and will be continuing to run fun football sessions for all. LKS2 and KS2 sessions will run on Wednesdays 3:15 - 4:15 and KS1 will run on Thursdays, same time. If interested please look on the flyer attached, grab one from reception or hunt down Mrs Morris or Lily for more information

## Years 5 and 6

### Mobile Phones

The children in years 5 and 6 can bring their mobile phone to school only if they walk home alone. The phones are collected on arrival to school and must be handed in. They are locked away

safely and given back at the end of the day. If your child is bringing a phone to school, you must complete a form for them to do so. Please use the QR code shown. If your child wears a Smart Watch to school, this will need to be handed in with the mobile phones at the beginning of the day and will be given back at the end of the day.



**Year 6** - if you completed a form when your child was in year 5, you do not need to worry. If your child is bringing their phone in for the first time, please complete the form too.

### Walking Home Alone

If you wish your year 5 or 6 child to walk home alone, for your child's safety please can this be put in writing and given to the class teacher, if you have any queries please see Mrs Rackley.

### After School Club & Breakfast Club

The school has been heavily subsidising after school club and breakfast club for a long time, unfortunately we now need to increase prices. Our prices have not increased for the last 3 years and this is not a decision we have made lightly.

From September prices will be as follows:

Breakfast Club - 8am - 8.45am will be £3 and 8.30am - 8.45am will be £1

After School Club Full Session 3.15pm - 5.30pm - will be £10

Half Session with Food 3.15pm - 4.15pm will be £6

Half Session without Food 3.15pm - 4.15pm will be £5

# In the Spotlight

Amelia took part in her very first dance competition at the weekend for her dance school MDS. She competed in 3 categories and her team won first place in one of them and the dance school also won the highest total points scored over the whole weekend. Well done Amelia, we are all very proud of you!

If your child has any amazing out of school achievements that you are proud of, why not share them with us? Please email the office!



## Attendance

**Please do not email the office - we have 100's of emails everyday and your message could get missed! Please follow the instructions below.**

If your child is unwell and unable to come to school, please call on the first day of illness and each day they are unwell

Call - **01622 753651 CHOOSE Option 1.**

Should no-one be available please leave a message stating your child's **name, class and reason for absence**.

Or

Email - [Attendance@park-way.kent.sch.uk](mailto:Attendance@park-way.kent.sch.uk)

## PE Term 3



Monday	Tuesday	Wednesday	Thursday	Friday
Apple & Pear Oak Elm	Rowan Holly Ivy	Cherry Maple Walnut	Cedar Oak	Cherry Cedar Rowan

## Swimming - Term 3



Please be aware that swimming forms part of the national curriculum and as such is treated like any other lesson, your child is **expected to attend every week**.

**Maple - Monday**

**Walnut - Tuesday**

**Elm - Thursday**

LIONS (red PE T- shirts) are the winners of Term 3 Team Points Challenge and will therefore have a 'dress down day' on Friday 27<sup>th</sup> February (the first Friday back after half term)

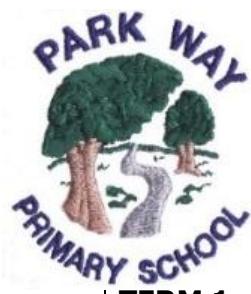


## DIARY DATES

6 <sup>th</sup> Jan	Children Return to School
6 <sup>th</sup> Feb	Deadline for Story Book Competition
13 <sup>th</sup> Feb	Last Day of Term 3
23 <sup>rd</sup> Feb	First Day of Term 4
27 <sup>th</sup> Feb	Dress down day for LIONS (Those with a RED PE T shirt)
3 <sup>rd</sup> Mar	Coffee Morning
5 <sup>th</sup> Mar	World Book Day

# MENU

Kent / TKAT Autumn Winter 2025 2026		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>WEEK ONE</b>		<b>Option One</b> <b>NEW</b> BBQ Veggie Sausage Pasta with Garlic Bread	<b>NEW</b> Curried Chicken With Rice (Chicken Biryani)	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce	
27.10.2025 17.11.2025 08.12.2025 12.01.2026 02.02.2026 02.03.2026 23.03.2026	<b>Option Two</b> <b>Vegetables</b> <b>Dessert</b>	Autumn Vegetable Lasagne With Garlic Bread Green Beans & Sweetcorn Cheese and Crackers	Veggie Burger in a Bun with Potato Wedges	Vegetarian Wellington with Roast Potatoes and Gravy	Potato & Courgette Layer Bake	Cheese and Bean Pasty with Chips and Tomato Sauce Baked Beans & Peas	
<b>WEEK TWO</b>		<b>Option One</b> <b>NEW</b> Classic Cheese and Tomato Pizza With Tomato Pasta	<b>CHICKEN SHACK</b> <b>NEW</b> Spaghetti Bolognese	<b>BBQ</b> Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa	Meatballs in Tomato Sauce with Rice	Fishfingers with Chips & Tomato Sauce	
03.11.2025 24.11.2025 15.12.2025 19.01.2026 09.02.2026 09.03.2026 30.03.2026	<b>Option Two</b> <b>Vegetables</b> <b>Dessert</b>	Mild Mexican Chilli with Rice Sweetcorn & Peas <b>NEW</b> Gingerbread Cookie	Veggie Spaghetti Bolognese	Creamy Chickpea and Coconut Curry with Rice	Cheese Whirl with Chips and Tomato Sauce	Baked Beans & Peas Vanilla Shortbread	
<b>WEEK THREE</b>		<b>Option One</b> <b>NEW</b> Macaroni Cheese	<b>NEW</b> Chicken 50% Enchilada Bake with Paprika Wedges	Sausage with Roast Potatoes and Gravy	<b>caribbean</b> <b>NEW</b> Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce	
10.11.2025 01.12.2025 05.01.2026 26.01.2026 23.02.2026 16.03.2026	<b>Option Two</b> <b>Vegetables</b> <b>Dessert</b>	<b>NEW</b> Chefs Special Lentil Curry with Rice	Tomato Pasta	Veggie Sausage and Roast Potatoes and Gravy	<b>caribbean</b> <b>NEW</b> Caribbean Stew with Golden Rice	Red Pepper Frittata with Chips & Tomato Sauce	
		<b>Vegetables</b> <b>Dessert</b>	Peas & Green Beans Oaty Cookie	Vegetable Medley	Carrots & Cabbage <b>NEW</b> Sweetcorn & Green Beans	Baked Beans & Peas Cornflake Tart	
			<b>Fruit</b> Crumble with Custard	Fruit Salad			
<b>MENU KEY</b>		 <b>Added Plant Protein</b>  <b>Wholemeal</b>  <b>Vegan</b>  <b>Chef's Special</b>	<b>ALLERGY INFORMATION:</b> If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.				
<b>Available Daily:</b> - Freshly cooked jacket potatoes with a choice of fillings – Freshly Baked Bread- Daily salad selection – Fresh Fruit and Yoghurt.							



**2025/2026**

<b>TERM 1</b>	
Monday 1 <sup>st</sup> September	Staff Development Day
Tuesday 2 <sup>nd</sup> September	First Day Term 1
Friday 17 <sup>th</sup> October	Last Day of Term 1
<b>OCTOBER HOLIDAY</b>	
Monday 20 <sup>th</sup> Oct – Friday 24 <sup>th</sup> October	Holiday – No School
<b>TERM 2</b>	
Monday 27 <sup>th</sup> October	Staff Development day
Tuesday 28 <sup>th</sup> October	First Day of Term 2
Friday 19 <sup>th</sup> December	Last Day of Term 2
<b>CHRISTMAS HOLIDAY</b>	
Monday 22 <sup>nd</sup> December to 2 <sup>nd</sup> January	Holiday – No School
<b>TERM 3</b>	
Monday 5 <sup>th</sup> January	Staff Development Day
Tuesday 6 <sup>th</sup> January	First Day of Term 3
Friday 13 <sup>th</sup> February	Last Day of Term 3
<b>FEBRUARY HOLIDAY</b>	
Monday 16 <sup>th</sup> to Friday 20 <sup>th</sup> February	Holiday – No School
<b>TERM 4</b>	
Monday 23 <sup>rd</sup> February	First Day of Term 4
Thursday 2 <sup>nd</sup> April	Last Day of Term 4
Friday 3 <sup>rd</sup> April	Bank Holiday
Monday 6 <sup>th</sup> April	Bank Holiday
<b>EASTER HOLIDAY</b>	
7 <sup>th</sup> April to Friday 17 <sup>th</sup> April	Holiday – No School
<b>TERM 5</b>	
Monday 20 <sup>th</sup> April	First Day of Term 5
Monday 4 <sup>th</sup> May	Bank Holiday – No School
Friday 22 <sup>th</sup> May	Last Day of Term 5
Monday 25 <sup>th</sup> May	Bank Holiday – No School
<b>MAY HOLIDAY</b>	
Tuesday 26 <sup>th</sup> May – Friday 29 <sup>th</sup> May	Holiday – No School
<b>TERM 6</b>	
Monday 1 <sup>st</sup> June	First Day of Term 6
Friday 17 <sup>th</sup> July	Last Day of Term 6
20 <sup>th</sup> & 21 <sup>st</sup> July	Staff Development Days



# Class Assemblies 2025-2026



Friday 5 <sup>th</sup> September 2025	No class assembly
Friday 12 <sup>th</sup> September 2025	No class assembly
Friday 19 <sup>th</sup> September 2025	Cedar
Friday 26 <sup>th</sup> September 2025	Rowan
Friday 3 <sup>rd</sup> October 2025	Cherry
Friday 10 <sup>th</sup> October 2025	Elm
Friday 17 <sup>th</sup> October 2025	Maple
Friday 24 <sup>th</sup> October 2025	HALF TERM
Friday 31 <sup>st</sup> October 2025	Walnut
Friday 7 <sup>th</sup> November 2025	Oak
Friday 14 <sup>th</sup> November 2025	Holly
Friday 21 <sup>st</sup> November 2025	Ivy
Friday 28 <sup>th</sup> November 2025	Apple & Pear
Friday 5 <sup>th</sup> December 2025	No class assembly
Friday 12 <sup>th</sup> December 2025	No class assembly
Friday 19 <sup>th</sup> December 2025	No class assembly
Friday 26 <sup>th</sup> December 2025	CHRISTMAS
Friday 2 <sup>nd</sup> January 2026	CHRISTMAS
Friday 9 <sup>th</sup> January 2026	Cedar
Friday 16 <sup>th</sup> January 2026	Rowan
Friday 23 <sup>rd</sup> January 2026	Cherry
Friday 30 <sup>th</sup> January 2026	Elm
Friday 6 <sup>th</sup> February 2026	Maple
Friday 13 <sup>th</sup> February 2026	Walnut

Friday 20 <sup>th</sup> February 2026	HALF TERM
Friday 27 <sup>th</sup> February 2026	Oak
Friday 6 <sup>th</sup> March 2026	Holly
Friday 13 <sup>th</sup> March 2026	Ivy
Friday 20 <sup>th</sup> March 2026	Apple & Pear
Friday 27 <sup>th</sup> March 2026	Elm
Friday 3 <sup>rd</sup> April 2026	EASTER
Friday 10 <sup>th</sup> April 2026	EASTER
Friday 17 <sup>th</sup> April 2026	EASTER
Friday 24 <sup>th</sup> April 2026	Maple
Friday 1 <sup>st</sup> May 2026	Walnut
Friday 8 <sup>th</sup> May 2026	No class assembly – pre-SATs
Friday 15 <sup>th</sup> May 2026	No class assembly – SATs
Friday 22 <sup>nd</sup> May 2026	Cedar
Friday 29 <sup>th</sup> May 2026	HALF TERM
Friday 5 <sup>th</sup> June 2026	Rowan
Friday 12 <sup>th</sup> June 2026	Cherry
Friday 19 <sup>th</sup> June 2026	Oak
Friday 26 <sup>th</sup> June 2026	Holly
Friday 3 <sup>rd</sup> July 2026	Ivy
Friday 10 <sup>th</sup> July 2026	Apple & Pear
Friday 17 <sup>th</sup> July 2026	No class assembly
Friday 24 <sup>th</sup> July 2026	SUMMER HOLIDAY

# sturdy kids<sup>®</sup>

The home of quality, comfortable plus fit children's clothing

<https://www.sturdykids.co.uk/>





**LP**  
Football  
Coaching

*After School Football*

**Years 3/4/5/6**  
Every Wednesday  
3.15pm - 4.15pm

**Years 1 & 2**  
Every Thursday  
3.15pm - 4.15pm

Options to pay  
per session or  
per term  
£5 a session

**How to sign up**



Email:  
[Lpfootballcoaching  
@outlook.com](mailto:Lpfootballcoaching@outlook.com)

with child's name  
and year group  
or  
drop us a message  
on  
07704 976846





## Family First Aid

Would you like to know:

- How to make an emergency phone call?
- How to use the primary survey?
- How to practise cardiopulmonary resuscitation (CPR)?
- How to place a casualty into the recovery position?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bleeds and burns?

This course is for you!

Where: **Park Way School – The Lodge**

Date: **Wednesday 11th February**

Time: **13:00 – 15:00**

**To book a place please contact the Family Liaison Officer on this email before Friday 30<sup>th</sup> January: [erona.pali@park-way.kent.sch.uk](mailto:erona.pali@park-way.kent.sch.uk)**

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

**FREE, fun & informal courses**



Kent Adult Education is part of Community Learning and Skills

# SUPPORTING YOUR CHILD'S ANXIETY

Discover ways to help your child manage their anxiety.

**Where:**

**Park Way school – The Lodge**

Share experiences of anxiety and increase your understanding of anxiety with other parents and carers in a supportive group.

**Date:**

**Tuesday 3<sup>rd</sup> February**

**Time:**

**9:30- 11:30**

**To book a place please contact the Family Liaison Officer on this email before Friday 23rd January:**  
**[erona.pali@park-way.kent.sch.uk](mailto:erona.pali@park-way.kent.sch.uk)**



For more information  
scan the QR code

**[kentadulteducation.co.uk](http://kentadulteducation.co.uk)**  
**FREE, Fun & Informal**



## Online Courses January 2026

Course Code	Course Title	Start	End	Day	Start Time	End Time
152991	Managing Sleep	09/01/26	09/01/26	Friday	10:00	12:00
152918	Exploring Behaviour Strategies	13/01/26	13/01/26	Tuesday	09:30	11:30
152982	Autism Awareness	13/01/26	03/02/26	Tuesday	09:30	11:30
152985	Strategies to Support Your ADHD Child - Webinar	13/01/26	13/01/26	Tuesday	19:00	20:00
151041	Introduction to Working with Children	15/01/26	12/02/26	Thursday	17:30	19:30
153004	Supporting Your Child's Anxiety	21/01/26	21/01/26	Wednesday	19:00	21:00
153173	Supporting Your family through our Screen Obsessed World	27/01/26	27/01/26	Tuesday	19:00	21:00
153189	Keeping Up with the Children-Maths	13/01/26	3/2/26	Tuesday	9:30	11:30

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



**To book your place on one of these FREE courses,  
scan the QR code or go to  
[www.kentadulteducation.co.uk](http://www.kentadulteducation.co.uk)**

**and enter the course code into the search box.**

**For further information email  
[businesssupport2@kent.gov.uk](mailto:businesssupport2@kent.gov.uk)**

**Call 03000 41 22 22**

**[kentadulteducation.co.uk](http://kentadulteducation.co.uk)**

**Bringing learning to life**



Kent Adult Education is part of  
Community Learning and Skills



## Online Courses February 2026

Course Code	Course Title	Start	End	Day	Start Time	End Time
152993	Fathers Matter	03/02/26	03/02/26	Tuesday	19:00	21:00
151653	Strategies to Support Your ADHD Child - Webinar	04/02/26	04/02/26	Wednesday	10:00	11:00
152987	Supporting Your Teenager with their Mental Health	04/02/26	04/02/26	Wednesday	19:00	21:00
152992	First Aid for Babies	09/02/26	09/02/26	Monday	10:00	12:00
151161	Supporting Your Child's Anxiety	10/02/26	10/02/26	Tuesday	19:00	21:00
152986	Calm together - Emotional Regulation You and Your Child	10/02/26	10/02/26	Tuesday	09:30	11:30

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



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Call 03000 41 22 22

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Bringing learning to life





# Maidstone Family Hubs Timetable

12<sup>th</sup> January 2026 - 13<sup>th</sup> February 2026

All of our groups and services are free.  
For groups requiring booking at all  
Hubs, see our web site  
<https://www.kent.gov.uk/education-and-children/kent-family-hub>

## Our Family Hubs:

South Borough  
03000 417770  
Stagshaw Close,  
Maidstone  
ME15 6TL  
Southboroughfh  
@kent.gov.uk

Infozone  
03000 419470  
3 Palace Avenue,  
Maidstone  
ME15 6NF  
infozonefamilyhub  
@kent.gov.uk

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

<b>Infozone</b> NCT Breastfeeding Group 9.30-11.30	<b>South Borough</b> Young Parents 11.30-1.30	<b>South Borough</b> Stepping Up 4.00-5.30 5-9 years	<b>South Borough</b> Baby Massage 1.30-2.30 2-6 months	<b>Infozone</b> Time to Shine Seniors 4.30-6.30 11-19 years
<b>South Borough</b> Stay & Play 9.30-11.00	<b>Infozone</b> MIND Perinatal Wellbeing Course 9.30-11.30 13 Jan-31 March	<b>South Borough</b> Introducing Solids 1.30-2.45 2nd Tuesday of every month	<b>South Borough</b> Time To Shine Juniors 4.00-5.30 7-11 years	<b>Infozone</b> Speak Out (Youth) 5.00-6.30 11-19 years
<b>Infozone</b> Baby Group - Musical 10.00-11.00 0-18 months	<b>Infozone</b> Strengthening Family Relationships 10.00-12.00, 29 Jan only	<b>South Borough</b> Time To Shine Juniors 4.00-5.30 7-11 years	<b>South Borough</b> Health Visitor Clinic 1.30-3.30	<b>South Borough</b> Time To Shine Juniors 4.00-5.30 7-11 years
<b>South Borough</b> Talking Walk Ins 9.30-11.30 2nd Thur of the month	<b>Infozone</b> Baby Group - Musical 9.30-10.30 0-18 months	<b>South Borough</b> Parent/Carer Drop in 12.00-1.00 3rd Friday of every month	<b>South Borough</b> Speak out Parents 10.30-11.30 3rd Friday of every month	
<b>South Borough</b> NCT Breastfeeding Group 9.30-11.30	<b>Infozone</b> Baby Massage 10.00-11.00 2-6 months			

**Please Note:** Signing in will not be available until 10 minutes before the session starts.

[www.kent.gov.uk/familyhub](http://www.kent.gov.uk/familyhub)

Family Hub Sites are run by Kent County Council

## Information



<b>Booking required</b>	<b>Time to Shine Seniors</b>	<b>Booking required</b>	<b>Strengthening Family Relationships</b>
A bookable time-limited group for neurodivergent young people to learn skills that teach independence, building confidence and supporting self-esteem. The group provides a safe social space for young people to interact and build on their personal skills, while making friendships within a setting that is sensitive to their needs. ages 11-19 with SEND			A one off workshop for parents-in-conflict, giving you the information and practical tools you need to help improve the outcomes for your children creating a healthier environment for your family <b>Booking Required</b> <a href="https://www.kent.gov.uk/education-and-children/kent-family-hub/mental-health-and-family-relationships/reducing-arguments-and-conflict-between-parents/strengthening-family-relationships">https://www.kent.gov.uk/education-and-children/kent-family-hub/mental-health-and-family-relationships/reducing-arguments-and-conflict-between-parents/strengthening-family-relationships</a>

<b>Booking required</b>	<b>Young Parents</b>	<b>Booking required</b>	<b>Introducing Solids</b>	<b>Booking required</b>	<b>Stepping Up</b>	<b>Booking required</b>	<b>Speak Out (Youth)</b>
For young parents ( <b>up to 25 yrs</b> ) and their children. Is a great way to meet other families and build friendships in a fun, educational and stimulating environment to explore and play. Lunch provided.	A workshop run by the Health Visiting team to guide you through the weaning journey. Book when baby is 4-6 months. Every second Tuesday of the month.	A 6 week course to encourage and support children with confidence, socialisation and managing in a group. Focussing on emotional regulation and managing and understanding our emotions and feelings and how we can help ourselves.	Speak Out aims to empower young people who are current or aspiring Youth Peer Mentors to co-design, deliver and evaluate youth-led initiatives. The group plays a key role in shaping community projects, supporting district youth forums and participating in recruitment and selection processes for KCC staff.				
<b>Booking required</b>	<b>Baby Group Musical</b>	<b>Booking required</b>	<b>Time To Shine Juniors</b>	<b>Booking required</b>	<b>Mid-Kent MIND Baby Massage and Perinatal Wellbeing Course</b>	<b>Booking required</b>	<b>Parent/Carer Panel / Speak Out Parents &amp; Drop in</b>
Come and join us for a singing session! Learn how to support your child's speech & language development, social skills and attachment. Meet other parents and make new friends. formerly Baby Rhyme Time 0-18 months	After school fun! For Neurodivergent children supporting building confidence, self esteem and encouraging outside school friendship with a range of activities. Term time only.	Being a new parent is an incredible journey but it can also feel overwhelming at times. A supportive space for you and a chance to bond with your baby. For parents with babies aged 8 weeks to 6 months.	Drop in 19 December SEND New topic each month 3rd Friday of every month				
<b>Healthy Start Vitamins</b> Are you eligible for Healthy Start Vitamins? If so, complete this form to order Healthy Start Vitamins to your door.	<b>Free for 2</b> Some 2 year olds can get up to 15 hours of free childcare per week! For more information and how to apply:	<b>Useful Contact Numbers:</b> Health Visiting Team 0300 5550506	<b>Please Note:</b> For Health and Safety reasons there are room capacity limits in place.	<b>For more information about opening times give your local Hub a call</b>			<a href="http://www.kent.gov.uk/familyhub">www.kent.gov.uk/familyhub</a> Family Hub Sites are run by Kent County Council



# Maidstone Family Hubs Timetable

12<sup>th</sup> January 2026 - 13<sup>th</sup> February 2026

## Our Family Hubs:

**Parkwood**  
03000 412700  
Furfield Close,  
Maidstone  
ME15 9JR  
Parkwoodfh  
@kent.gov.uk

**Greenfields**  
03000 412987  
Rutland Way,  
Maidstone  
ME15 8DR  
Greenfieldsfh  
@kent.gov.uk

**West Borough**  
03000 419361  
Greenway,  
Maidstone  
ME16 8TL  
Westboroughfh  
@kent.gov.uk

Monday	<b>Parkwood</b> Health Visitor Clinic 9.30-11.30	<b>Greenfields</b> Stay & Play 9.30-11.00	<b>West Borough</b> Closed
Tuesday	<b>West Borough</b> Health Visitor Clinic 9.30-11.30	<b>Greenfields</b> Baby Group Sensory 10.30-11.30 0-12 months	<b>Parkwood</b> Little Talkers 10.00-11.00
Wednesday	<b>Parkwood</b> Baby Massage 10.00-11.00 2-6 months	<b>Parkwood</b> NCT Breastfeeding Group 1.00-3.00	<b>Greenfields</b> Little Bookworms 1.00-2.30 1-4 years
Thursday	<b>Parkwood</b> Stay & Play 1.00-2.30	<b>West Borough</b> Stay & Play 10.00-11.30	<b>Greenfields</b> Baby, Family & You 10.00-12.00 22 Jan - 26 Feb
Friday	<b>Greenfields</b> Twins Group 9.30-11.30 0-4 years 2 <sup>nd</sup> & 4 <sup>th</sup> Fri of the month	<b>Greenfields</b> Talking Walk Ins 9.30-12.00 1 <sup>st</sup> & 3 <sup>rd</sup> Fri of the month	<b>Greenfields</b> Understanding Your Child 9.30-11.00 Starting 16 January

**Please Note:** Signing in will not be available until 10 minutes before the session starts.

[www.kent.gov.uk/familyhub](http://www.kent.gov.uk/familyhub)

Family Hub Sites are run by Kent County Council

## Information



### Baby Group Sensory

#### 4 Week rolling themes

Exploring all the senses such as sight, sound, touch, taste and smell. 0-12 months

Booking required

### Baby Massage

#### 4 Week Course

Baby Massage enables you to learn about and respond to your baby's body language. It is also a wonderful way to make your baby feel safe and secure. 2-6 months

Please note we have 3 Baby Massage sessions.

### NCT Breastfeeding Group

Booking required

### Understanding Your Child

#### 10 Week Course

For parent/carers that would like to know more about sensitive and effective parenting. For parents with children aged 4-11.

### Talking Walk Ins

Play-based session where you can speak to a speech and language therapist. Early Years Practitioners including childminders are welcome to attend alongside an adult who has parental responsibility. 2-4 years

Please note numbers are limited.

We host 2 sessions:

Greenfields & South Borough.

Booking required

### Little Talkers

A 6 week course for parent/carers to learn new techniques and useful hints & tips for developing your child's speech. Opportunity for discussion and trying out specific strategies within fun play activities, stories, songs & rhyme.

### Health Visitor Clinic

A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Please arrive 15 minutes before the end of the clinic.

Please note we hold 3 Health Visitor a week: Parkwood, South Borough & West Borough.

### Baby, Family & You

#### 5 Week Course face to face

Antenatal and postnatal preparing for baby and beyond 0-12 mths.

### Twins Group

Group run by parents for families with multiple births. 0-5 years

2<sup>nd</sup> & 4<sup>th</sup> Friday of the month

### Little BookWorms

Little Bookworm activities related to the theme of books, promoting the importance of books, reading and the use of language. Families will each receive an age related pack for each child when 3 sessions have been attended. 1-4 years.

### Stay & Play

Fun activities providing learning opportunities through play and helping you to bond with your child. Just drop in!

Please note we have 4 Stay & Play sessions: Greenfields, Parkwood, South Borough & West Borough.

### Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door:



### Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



### Useful Contact Numbers:

Health Visiting Team  
0300 5550506

### Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

@MaidstoneFamilyHubs



@Maidstonefamilyhubs



@Maidstonefamilyhubs11to19



[www.kent.gov.uk/familyhub](http://www.kent.gov.uk/familyhub)

Family Hub Sites are run by Kent County Council

## Online Parent Workshops

Aimed at parents of children in  
Primary school



### Understanding your Child's Behaviour

19/01/2026 10:30 -12:30pm

[Understanding Your Child's Behaviour | Meeting-Join | Microsoft Teams](#)



### Supporting Your Child with Worries & Fears

02/02/2026 10:30 -12:30pm

[Supporting Your Child with Worries & Fears | Meeting-Join | Microsoft Teams](#)



### Autism and Sleep

09/03/2026 12:30 – 13:30pm

[Autism and Sleep | Meeting-Join | Microsoft Teams](#)



### Understanding Neurodiversity

24/03/2026 10:30 -12:30pm

[Understanding Neurodiversity | Meeting-Join | Microsoft Teams](#)

# FREE DROP-IN SESSION



This drop-in session will be held at  
InfoZone Family Hub in Kent  
12-1:30pm

It is for parents and carers of autistic  
people in Kent (diagnosed or on the  
pathway).

We aim to help families to learn more  
about autism and the support available  
to them by signposting to useful  
resources and learning.

One of our experienced Aspens Family  
Support Team will help answer  
questions about autism, how to access  
support as well as offer guidance and  
advice.

We hope to see you there!

The InfoZone Family Hub address is: 3  
Palace Avenue, Maidstone, Kent, ME15  
6NF.

Last Friday of every month.

- We are here to listen to you
- We are here to offer guidance
- Increase your knowledge
- Help you through challenges
- Increase your confidence
- Help you navigate services
- Provide you with skills that last

## **CHILDREN'S MENTAL HEALTH WEEK 2026**

*The theme for this year's Children's Mental Health Week is **This is my Place**. That means feeling like you're part of something, such as your family, your school, your group of friends or a team. These happy moments help us feel connected, valued, and accepted. When we feel like we belong, we feel happy, safe, and ready to learn and play. It helps us grow strong in our minds and bodies, and it makes it easier to make friends, do well in school, and feel good about ourselves.*



*To find out more you can visit the website or download the parent/ carers pack.*

Website:

[www.childrensmentalhealthweek.org.uk](http://www.childrensmentalhealthweek.org.uk)

Parent/ carers pack:

[families-and-communities-pack-childrens-mental-health-week-2026.pdf](http://families-and-communities-pack-childrens-mental-health-week-2026.pdf)