



The Park Way Post



13th February 2026

Have a restful and relaxing half term – children come back to school on Monday 23rd February.

Help – Next Term

We need your clean empty yoghurt pots!!! Please save them for us! Early Years would love to take them off your hands! If you have some, please hand them to any of the Early Years team.

World Book Day

At Park Way we love reading! On Thursday 5th March it will be National World Book Day and we would love as many children as possible to get involved and share their love of stories. This year we are basing the week around traditional tales and fairy tales, so would like any child who wishes to participate to dress up as their favourite character from a traditional story. This could be:

- Cinderella
- Sleeping Beauty
- Goldilocks and the Three Bears
- The Three Little Pigs
- Jack and the Beanstalk
- Little Red Riding Hood

or any others you may know.



If you are stuck for ideas you may wish to have a look at the World Book Day website <https://www.worldbookday.com/resources/dressing-up-ideas-for-parents-and-carers/>

We cannot wait to see your amazing costumes! Mr Saunders

Parking

Parents should not park on the zigzag lines for ANY reason, they are there for the safety of all children. Similarly do not park on our school drive in front of the gates – access MUST be maintained at all times for emergency vehicles. Please do not block residents drives, please find a **safe and legal** place to park – DO NOT PARK ON THE PAVEMENT – you may have to park further away and walk.



Pastoral team news

Thank you to all the students who participated in the National Storytelling week book competition.

The creations were wonderful and the pastoral team will be handing out certificates to the winners this week.



School Hall

Are you looking for a space to rent for a club? a child's party? You could rent out our hall!

Please get in touch with our Business Manager - Miss Dann, who would be more than happy to provide a quote and let you know availability!

jasmine.dann@park-way.kent.sch.uk

Please tell your friends too!



Late...

If you are going to be late in the mornings, whether it be due to traffic or health appointments, please call the office and let us know if your child will need a school lunch.

The office needs to know by 9.30am.

Lunches are cooked to order to avoid wastage and to keep the costs down to parents. The menu is on our website and further down the newsletter should you need it.



Letter Requests

Please remember if you require a letter regarding proof that your child attends Park Way these requests take 5-10 working days to process.

Scopay

Please ensure you have downloaded the Scopay app and have an account - please do not unsubscribe from our emails as you will miss vital information. All of our trips, clubs and permissions are all on Scopay, if you do not have the app your child could miss out. If you require a link code, please come to the office.

Class Assemblies

Please see the end of the newsletter for dates for all the class assemblies for this year. You are more than welcome to come and watch your child's assembly, please stay after morning drop off and head to the back of the hall. Please can we remind parents/carers to keep their phones switched off or on silent during the class assemblies. Thank you



Lost Property

Please ensure you write your child's name in ALL of their uniform. The the majority of our lost property is unnamed. This makes it really difficult to reunite items with their owers.

Earrings

There has been an increase in children wearing unsuitable earrings to school. We would like to remind you that earrings must be small studs. Hoop earrings must not be worn for school, please save them for outside of school.

Children must be able to take their stud earrings out for PE themselves, we are unable to do this for them and we cannot tape them.

Football

Football sessions at Park Way will be up and running again this term, run by Lily herself. Formally working for STS, Lily has now started up on her own and will be continuing to run fun football sessions for all. LKS2 and KS2 sessions will run on Wednesdays 3:15 - 4:15 and KS1 will run on Thursdays, same time. If interested please look on the flyer attached, grab one from reception or hunt down Mrs Morris or Lily for more information

Years 5 and 6

Mobile Phones

The children in years 5 and 6 can bring their mobile phone to school only if they walk home alone. The phones are collected on arrival to school and must be handed in. They are locked away safely and given back at the end of the day. If your child is bringing a phone to school, you must complete a form for them to do so. Please use the QR code shown. If your child wears a Smart Watch to school, this will need to be handed in with the mobile phones at the beginning of the day and will be given back at the end of the day.



Year 6 - if you completed a form when your child was in year 5, you do not need to worry. If your child is bringing their phone in for the first time, please complete the form too.

Walking Home Alone

If you wish your year 5 or 6 child to walk home alone, for your child's safety please can this be put in writing and given to the class teacher, if you have any queries please see Mrs Rackley.

After School Club & Breakfast Club

The school has been heavily subsidising after school club and breakfast club for a long time, unfortunately we now need to increase prices. Our prices have not increased for the last 3 years and this is not a decision we have made lightly. From September prices will be as follows:

Breakfast Club – 8am – 8.45am will be £3 and 8.30am – 8.45am will be £1

After School Club Full Session 3.15pm – 5.30pm – will be £10

Half Session with Food 3.15pm – 4.15pm will be £6

Half Session without Food 3.15pm – 4.15pm will be £5



Amelia took part in her very first dance competition at the weekend for her dance school MDS. She competed in 3 categories and her team won first place in one of them and the dance school also won the highest total points scored over the whole weekend. Well done Amelia, we are all very proud of you!

If your child has any amazing out of school achievements that you are proud of, why not share them with us? Please email the office!



Attendance

Please do not email the office - we have 100's of emails everyday and your message could get missed! Please follow the instructions below.

If your child is unwell and unable to come to school, please call on the first day of illness and each day they are unwell

Call - **01622 753651 CHOOSE Option 1.**

Should no-one be available please leave a message stating your child's **name, class and reason for absence.**

Or

Email - Attendance@park-way.kent.sch.uk

PE Term 3



Monday	Tuesday	Wednesday	Thursday	Friday
Apple & Pear Oak Elm	Rowan Holly Ivy	Cherry Maple Walnut	Cedar Oak	Cherry Cedar Rowan

Swimming – Term 3



Please be aware that swimming forms part of the national curriculum and as such is treated like any other lesson, your child is **expected to attend every week.**

Maple – Monday

Walnut - Tuesday

Elm – Thursday

LIONS (red PE T- shirts) are the winners of Term 3 Team Points Challenge and will therefore have a 'dress down day' on Friday 27th February (the first Friday back after half term)



DIARY DATES

6 th Jan	Children Return to School
6 th Feb	Deadline for Story Book Competition
13 th Feb	Last Day of Term 3
23 rd Feb	First Day of Term 4
27 th Feb	Dress down day for LIONS (Those with a RED PE T shirt)
3 rd Mar	Coffee Morning
5 th Mar	World Book Day

MENU

Kent / TKAT Autumn Winter 2025 2026		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 27.10.2025 17.11.2025 08.12.2025 12.01.2026 02.02.2026 02.03.2026 23.03.2026	Option One	NEW BBQ Veggie Sausage Pasta with Garlic Bread	NEW Curried Chicken With Rice (Chicken Biryani)	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option Two	Autumn Vegetable Lasagne With Garlic Bread	Veggie Burger in a Bun with Potato Wedges	Vegetarian Wellington with Roast Potatoes and Gravy	Potato & Courgette Layer Bake	Cheese and Bean Pasty with Chips and Tomato Sauce
	Vegetables	Green Beans & Sweetcorn	Vegetable Medley	Carrots & Swede	Sweetcorn & Pepper Mix	Baked Beans & Peas
	Dessert	Cheese and Crackers	NEW Apple Crumb Cake with Custard	Fruit Medley	Syrup Sponge With Custard	Jelly With Mandarins
WEEK TWO 03.11.2025 24.11.2025 15.12.2025 19.01.2026 09.02.2026 09.03.2026 30.03.2026	Option One	Classic Cheese and Tomato Pizza With Tomato Pasta	Spaghetti Bolognaise	CHICKEN SHACK BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa	Meatballs in Tomato Sauce with Rice	Fishfingers with Chips & Tomato Sauce
	Option Two	Mild Mexican Chilli with Rice	Veggie Spaghetti Bolognaise		Creamy Chickpea and Coconut Curry with Rice	Cheese Whirl with Chips and Tomato Sauce
	Vegetables	Sweetcorn & Peas	Carrots & Broccoli	Sweetcorn & Peas	Vegetable Medley	Baked Beans & Peas
	Dessert	NEW Gingerbread Cookie	Chocolate and Beetroot Brownie with Chocolate Sauce	Fruit Salad	Sticky Toffee Apple Crumble with Custard	Vanilla Shortbread
WEEK THREE 10.11.2025 01.12.2025 05.01.2026 26.01.2026 23.02.2026 16.03.2026	Option One	Macaroni Cheese	NEW Chicken 50% Enchilada Bake with Paprika Wedges	Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce
	Option Two	NEW Chefs Special Lentil Curry with Rice	Tomato Pasta	Veggie Sausage and Roast Potatoes and Gravy	Caribbean Stew with Golden Rice	Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Peas & Green Beans	Vegetable Medley	Carrots & Cabbage	Sweetcorn & Green Beans	Baked Beans & Peas
	Dessert	Oaty Cookie	Fruit Crumble with Custard	Fruit Salad	NEW Jamaican Ginger Cake with Custard	Cornflake Tart
MENU KEY		Added Plant Protein Wholemeal Vegan Chef's Special				
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings – Freshly Baked Bread- Daily salad selection – Fresh Fruit and Yoghurt.		ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.				
		caterlink feeding the imagination				



TERM DATES

2025/2026

TERM 1	
Monday 1 st September	Staff Development Day
Tuesday 2 nd September	First Day Term 1
Friday 17 th October	Last Day of Term 1
OCTOBER HOLIDAY	
Monday 20 th Oct – Friday 24 th October	Holiday – No School
TERM 2	
Monday 27 th October	Staff Development day
Tuesday 28 th October	First Day of Term 2
Friday 19 th December	Last Day of Term 2
CHRISTMAS HOLIDAY	
Monday 22 nd December to 2 nd January	Holiday – No School
TERM 3	
Monday 5 th January	Staff Development Day
Tuesday 6 th January	First Day of Term 3
Friday 13 th February	Last Day of Term 3
FEBRUARY HOLIDAY	
Monday 16 th to Friday 20 th February	Holiday – No School
TERM 4	
Monday 23 rd February	First Day of Term 4
Thursday 2 nd April	Last Day of Term 4
Friday 3 rd April	Bank Holiday
Monday 6 th April	Bank Holiday
EASTER HOLIDAY	
7 th April to Friday 17 th April	Holiday – No School
TERM 5	
Monday 20 th April	First Day of Term 5
Monday 4 th May	Bank Holiday – No School
Friday 22 nd May	Last Day of Term 5
Monday 25 th May	Bank Holiday – No School
MAY HOLIDAY	
Tuesday 26 th May – Friday 29 th May	Holiday – No School
TERM 6	
Monday 1st June	First Day of Term 6
Friday 17 th July	Last Day of Term 6
20 th & 21 st July	Staff Development Days



Class Assemblies 2025-2026



Friday 5 th September 2025	No class assembly
Friday 12 th September 2025	No class assembly
Friday 19 th September 2025	Cedar
Friday 26 th September 2025	Rowan
Friday 3 rd October 2025	Cherry
Friday 10 th October 2025	Elm
Friday 17 th October 2025	Maple
Friday 24 th October 2025	HALF TERM
Friday 31 st October 2025	Walnut
Friday 7 th November 2025	Oak
Friday 14 th November 2025	Holly
Friday 21 st November 2025	Ivy
Friday 28 th November 2025	Apple & Pear
Friday 5 th December 2025	No class assembly
Friday 12 th December 2025	No class assembly
Friday 19 th December 2025	No class assembly
Friday 26 th December 2025	CHRISTMAS
Friday 2 nd January 2026	CHRISTMAS
Friday 9 th January 2026	Cedar
Friday 16 th January 2026	Rowan
Friday 23 rd January 2026	Cherry
Friday 30 th January 2026	Elm
Friday 6 th February 2026	Maple
Friday 13 th February 2026	Walnut

Friday 20 th February 2026	HALF TERM
Friday 27 th February 2026	Oak
Friday 6 th March 2026	Holly
Friday 13 th March 2026	Ivy
Friday 20 th March 2026	Apple & Pear
Friday 27 th March 2026	Elm
Friday 3 rd April 2026	EASTER
Friday 10 th April 2026	EASTER
Friday 17 th April 2026	EASTER
Friday 24 th April 2026	Maple
Friday 1 st May 2026	Walnut
Friday 8 th May 2026	No class assembly – pre-SATs
Friday 15 th May 2026	No class assembly – SATs
Friday 22 nd May 2026	Cedar
Friday 29 th May 2026	HALF TERM
Friday 5 th June 2026	Rowan
Friday 12 th June 2026	Cherry
Friday 19 th June 2026	Oak
Friday 26 th June 2026	Holly
Friday 3 rd July 2026	Ivy
Friday 10 th July 2026	Apple & Pear
Friday 17 th July 2026	No class assembly
Friday 24 th July 2026	SUMMER HOLIDAY

sturdy Kids®

The home of quality, comfortable plus fit children's clothing

<https://www.sturdykids.co.uk/>

Alteration Service



Size Guide

Because kids come in all shapes and sizes



LP
Football
Coaching



After School Football

Years 3/4/5/6
Every Wednesday
3.15pm - 4.15pm

Years 1 & 2
Every Thursday
3.15pm - 4.15pm

Options to pay
per session or
per term
£5 a session

How to sign up



Email:
Lpfootballcoaching
@outlook.com

with child's name
and year group
or
drop us a message
on
07704 976846

Need advice or support

Adult education

Drop in sessions
In the umbrella room

Every Tuesday at
2.30pm—3.15pm

We are here to support
you in
supporting your child.



Finance

Nearly new
uniform

Emotional wellbeing

Child anxiety

Child development

Domestic abuse

Housing



Coffee Morning

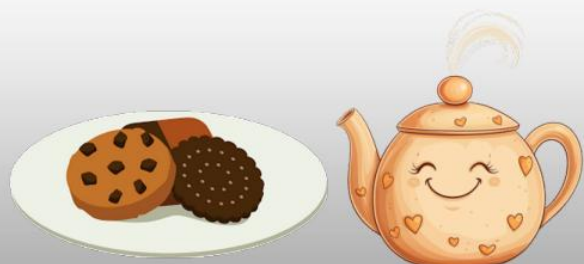
Tuesday 3rd March 2026

9.15am—10am

Join Miss Pali and Mrs Abrahams

We will be discussing the Family Hub and the support that
is provided to families.

If you have any questions about this or other aspects of
support please attend.





Family First Aid

Would you like to know:

- How to make an emergency phone call?
- How to use the primary survey?
- How to practise cardiopulmonary resuscitation (CPR)?
- How to place a casualty into the recovery position?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bleeds and burns?

This course is for you!

Where: **Park Way School – The Lodge**

Date: **Wednesday 11th February**

Time: **13:00 – 15:00**

To book a place please contact the Family Liaison Officer on this email before Friday 30th January: erona.pali@park-way.kent.sch.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

**FREE, fun &
informal courses**





SUPPORTING YOUR CHILD'S ANXIETY

Discover ways to help your
child manage their anxiety.

Share experiences of anxiety and
increase your understanding of
anxiety with other parents and
carers in a supportive group.

Where:

Park Way school – The Lodge

Date::

Tuesday 3rd February

Time::

9:30- 11:30

To book a place please contact the Family Liaison
Officer on this email before Friday 23rd January:
erona.pali@park-way.kent.sch.uk



Kent Adult Education is part of
Community Learning and Skills



For more information
scan the QR code

kentadulthoodeducation.co.uk
FREE, Fun & Informal

Online Courses January 2026

Course Code	Course Title	Start	End	Day	Start Time	End Time
152991	Managing Sleep	09/01/26	09/01/26	Friday	10:00	12:00
152918	Exploring Behaviour Strategies	13/01/26	13/01/26	Tuesday	09:30	11:30
152982	Autism Awareness	13/01/26	03/02/26	Tuesday	09:30	11:30
152985	Strategies to Support Your ADHD Child - Webinar	13/01/26	13/01/26	Tuesday	19:00	20:00
151041	Introduction to Working with Children	15/01/26	12/02/26	Thursday	17:30	19:30
153004	Supporting Your Child's Anxiety	21/01/26	21/01/26	Wednesday	19:00	21:00
153173	Supporting Your family through our Screen Obsessed World	27/01/26	27/01/26	Tuesday	19:00	21:00
153189	Keeping Up with the Children- Maths	13/01/26	3/2/26	Tuesday	9:30	11:30

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



To book your place on one of these **FREE** courses,

scan the QR code or go to

www.kentadulthoodeducation.co.uk

and enter the course code into the search box.

For further information email

businesssupport2@kent.gov.uk

Call 03000 41 22 22



Kent Adult Education is part of
Community Learning and Skills

kentadulthoodeducation.co.uk

Bringing learning to life



Online Courses February 2026

Course Code	Course Title	Start	End	Day	Start Time	End Time
152993	Fathers Matter	03/02/26	03/02/26	Tuesday	19:00	21:00
151653	Strategies to Support Your ADHD Child - Webinar	04/02/26	04/02/26	Wednesday	10:00	11:00
152987	Supporting Your Teenager with their Mental Health	04/02/26	04/02/26	Wednesday	19:00	21:00
152992	First Aid for Babies	09/02/26	09/02/26	Monday	10:00	12:00
151161	Supporting Your Child's Anxiety	10/02/26	10/02/26	Tuesday	19:00	21:00
152986	Calm together - Emotional Regulation You and Your Child	10/02/26	10/02/26	Tuesday	09:30	11:30

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



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and enter the course code into the search box.

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Call 03000 41 22 22



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Bringing learning to life



Maidstone Family Hubs Timetable

12th January 2026 - 13th February 2026

All of our groups and services are free.
For groups requiring booking at all Hubs, see our web site
<https://www.kent.gov.uk/education-and-children/kent-family-hub>

Our Family Hubs:

South Borough
03000 417770
Stagshaw Close,
Maidstone
ME15 6TL
Southboroughfh
@kent.gov.uk

Infozone
03000 419470
3 Palace Avenue,
Maidstone
ME15 6NF
infozonefamilyhub
@kent.gov.uk

Monday	Infozone NCT Breastfeeding Group 9.30-11.30	South Borough Young Parents 11.30-1.30	South Borough Stepping Up 4.00-5.30 5-9 years
Tuesday	South Borough Stay & Play 9.30-11.00	Infozone MIND Perinatal Wellbeing Course 9.30-11.30 13 Jan-31 March	South Borough Introducing Solids 1.30-2.45 2nd Tuesday of every month
Wednesday	Infozone Baby Group - Musical 10.00-11.00 0-18 months	Infozone Strengthening Family Relationships 10.00-12.00, 29 Jan only	South Borough Time To Shine Juniors 4.00-5.30 7-11 years
Thursday	South Borough Talking Walk Ins 9.30-11.30 2nd Thur of the month	Infozone Baby Group - Musical 9.30-10.30 0-18 months	South Borough Health Visitor Clinic 1.30-3.30
Friday	South Borough NCT Breastfeeding Group 9.30-11.30	Infozone Baby Massage 10.00-11.00 2-6 months	South Borough Parent/Carer Drop in 12.00-1.00 3rd Friday of every month

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information



Time to Shine Seniors A bookable time-limited group for neurodivergent young people to learn skills that teach independence, building confidence and supporting self-esteem. The group provides a safe social space for young people to interact and build on their personal skills, while making friendships within a setting that is sensitive to their needs. ages 11-19 with SEND	Strengthening Family Relationships A one off workshop for parents-in-conflict, giving you the information and practical tools you need to help improve the outcomes for your children creating a healthier environment for your family. Booking Required https://www.kent.gov.uk/education-and-children/kent-family-hub/mental-health-and-family-relationships/reducing-arguments-and-conflict-between-parents/strengthening-family-relationships
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Young Parents For young parents (up to 25 yrs) and their children. Is a great way to meet other families and build friendships in a fun, educational and stimulating environment to explore and play. Lunch provided.	Introducing Solids A workshop run by the Health Visiting team to guide you through the weaning journey. Book when baby is 4-6 months. Every second Tuesday of the month.	Stepping Up A 6 week course to encourage and support children with confidence, socialisation and managing in a group. Focussing on emotional regulation and managing and understanding our emotions and feelings and how we can help ourselves.	Speak Out (Youth) Speak Out aims to empower young people who are current or aspiring Youth Peer Mentors to co-design, deliver and evaluate youth-led initiatives. The group plays a key role in shaping community projects, supporting district youth forums and participating in recruitment and selection processes for KCC staff.
Baby Group Musical Come and join us for a singing session! Learn how to support your child's speech & language development, social skills and attachment. Meet other parents and make new friends. formerly Baby Rhyme Time 0-18 months	Time To Shine Juniors After school fun! For Neurodivergent children supporting building confidence, self esteem and encouraging outside school friendship with a range of activities. Term time only.	Mid-Kent MIND Baby Massage and Perinatal Wellbeing Course Being a new parent is an incredible journey but it can also feel overwhelming at times. A supportive space for you and a chance to bond with your baby. For parents with babies aged 8 weeks to 6 months. Booking Required https://midkentmind.org.uk/adult-services/perinatal-support/	Parent/Carer Panel / Speak Out Parents & Drop in Drop in 19 December SEND New topic each month 3rd Friday of every month

Healthy Start Vitamins
Are you eligible for Healthy Start Vitamins?
If so, complete this form to order Healthy Start Vitamins to your door.



Free for 2
Some 2 year olds can get up to 15 hours of free childcare per week!
For more information and how to apply.



Useful Contact Numbers:
Health Visiting Team
0300 5550506

Please Note:
For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council



Maidstone Family Hubs

Timetable

12th January 2026 - 13th February 2026

Our Family Hubs:

Parkwood
03000 412700
Furfield Close,
Maidstone
ME15 9JR
Parkwoodfh
@kent.gov.uk

Greenfields
03000 412987
Rutland Way,
Maidstone
ME15 8DR
Greenfieldsfh
@kent.gov.uk

West Borough
03000 419361
Greenway,
Maidstone
ME16 8TL
Westboroughfh
@kent.gov.uk

Monday

Parkwood

Health Visitor Clinic
9.30-11.30

Greenfields

Stay & Play
9.30-11.00

West Borough

Closed

Tuesday

West Borough

Health Visitor Clinic
9.30-11.30

Greenfields

Baby Group Sensory
10.30-11.30
0-12 months

Booking required

Parkwood

Little Talkers
10.00-11.00

Greenfields

Little Bookworms
1.00-2.30
1-4 years

Wednesday

Booking required

Parkwood

Baby Massage
10.00-11.00
2-6 months

Parkwood

NCT Breastfeeding
Group
1.00-3.00

Thursday

Parkwood

Stay & Play
1.00-2.30

West Borough

Stay & Play
10.00-11.30

Booking required

Greenfields

Baby, Family & You
10.00-12.00
22 Jan - 26 Feb

Friday

Greenfields

Twins Group
9.30-11.30
0-4 years
2nd & 4th Fri of the month

Greenfields

Talking Walk Ins
9.30-12.00
1st & 3rd Fri of the month

Booking required

Greenfields

Understanding Your Child
9.30-11.00
Starting 16 January

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information



Baby Group Sensory

4 Week rolling themes

Exploring all the senses such as sight, sound, touch, taste and smell. 0-12 months

Booking required

Baby Massage

4 Week Course

Baby Massage enables you to learn about and respond to your baby's body language. It is also a wonderful way to make your baby feel safe and secure. 2-6 months

Please note we have 3 Baby Massage sessions.

NCT Breastfeeding Group

A drop in group for breastfeeding information, advice and support.

Please note we hold 3 Breastfeeding groups a week:

Parkwood, South Borough & Infozone

Booking required

Understanding Your Child

10 Week Course

For parent/carers that would like to know more about sensitive and effective parenting. For parents with children aged 4-11.

Talking Walk Ins

Play-based session where you can speak to a speech and language therapist. Early Years Practitioners including childminders are welcome to attend alongside an adult who has parental responsibility. 2-4 years

Please note numbers are limited.

We host 2 sessions:
Greenfields & South Borough.

Booking required

Little Talkers

A 6 week course for parent/carers to learn new techniques and useful hints & tips for developing your child's speech. Opportunity for discussion and trying out specific strategies within fun play activities, stories, songs & rhyme.

Health Visitor Clinic

A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Please arrive 15 minutes before the end of the clinic.

Please note we hold 3 Health Visitor a week:
Parkwood, South Borough & West Borough.

Baby, Family & You

5 Week Course face to face

Antenatal and postnatal preparing for baby and beyond 0-12 mths.

Twins Group

Group run by parents for families with multiple births. 0-5 years
2nd & 4th
Friday of the month

Little BookWorms

Little Bookworm activities related to the theme of books, promoting the importance of books, reading and the use of language. Families will each receive an age related pack for each child when 3 sessions have been attended. 1-4 years.

Stay & Play

Fun activities providing learning opportunities through play and helping you to bond with your child. Just drop in!

Please note we have 4 Stay & Play sessions:
Greenfields, Parkwood,
South Borough & West Borough.

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door.



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



Useful Contact Numbers:

Health Visiting Team
0300 5550506

Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

@MaidstoneFamilyHubs



@Maidstonefamilyhubs



@Maidstonefamilyhubs11to19



www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Online Parent Workshops

Aimed at parents of children in
Primary school



Understanding your Child's Behaviour

19/01/2026 10:30 -12:30pm

[Understanding Your Child's Behaviour | Meeting-Join | Microsoft Teams](#)



Supporting Your Child with Worries & Fears 02/02/2026 10:30 -12:30pm

[Supporting Your Child with Worries & Fears | Meeting-Join | Microsoft Teams](#)



Autism and Sleep

09/03/2026 12:30 – 13:30pm

[Autism and Sleep | Meeting-Join | Microsoft Teams](#)



Understanding Neurodiversity

24/03/2026 10:30 -12:30pm

[Understanding Neurodiversity | Meeting-Join | Microsoft Teams](#)



FREE DROP-IN SESSION

This drop-in session will be held at
InfoZone Family Hub in Kent
12-1:30pm

It is for parents and carers of autistic
people in Kent (diagnosed or on the
pathway).

We aim to help families to learn more
about autism and the support available
to them by signposting to useful
resources and learning.

One of our experienced Aspens Family
Support Team will help answer
questions about autism, how to access
support as well as offer guidance and
advice.

We hope to see you there!

The InfoZone Family Hub address is: 3
Palace Avenue, Maidstone, Kent, ME15
6NF.

Last Friday of every month.

- We are here to listen to you
- We are here to offer guidance
- Increase your knowledge
- Help you through challenges
- Increase your confidence
- Help you navigate services
- Provide you with skills that last

CHILDREN'S MENTAL HEALTH WEEK 2026

*The theme for this year's Children's Mental Health Week is **This is my Place**. That means feeling like you're part of something, such as your family, your school, your group of friends or a team. These happy moments help us feel connected, valued, and accepted. When we feel like we belong, we feel happy, safe, and ready to learn and play. It helps us grow strong in our minds and bodies, and it makes it easier to make friends, do well in school, and feel good about ourselves.*



To find out more you can visit the website or download the parent/ carers pack.

Website:

www.childrensmentalhealthweek.org.uk

Parent/ carers pack:

[families-and-communities-pack-childrens-mental-health-week-2026.pdf](#)