



Policy For Supporting Pupils With Asthma

Approval Requirements	Head Teacher
Approval/Ratification Date	May 2026
Review date	May 2029
Signed – Head Teacher	<i>Dhanecha.</i>

Aims

- Keep all pupils with asthma safe and well
- Enable them to take part fully in school life
- Support them to manage their asthma confidently

Key Principles

At our school:

- Asthma is a common and manageable condition
- Pupils with asthma will not be excluded from any activities
- Staff will take asthma seriously and act quickly in emergencies

What we will have in place

We will ensure:

- An Asthma Lead is named – This is Karen Dhanecha
- An up-to-date asthma register in the school office
- Each pupil has a Personal Asthma Action Plan (PAAP)
- Pupils have quick access to their inhaler at all times
- Staff receive regular asthma training
- Known triggers are reduced where possible

Roles and Responsibilities

Staff will:

- Know which pupils have asthma
- Know how to recognise symptoms and act quickly
- Ensure inhalers are accessible (not locked away)
- Follow each child's asthma plan

Parents/carers will:

- Inform the school of their child's asthma
- Provide a labelled inhaler and spacer
- Provide an up-to-date asthma action plan
- Inform school of any changes

Pupils will (where appropriate):

- Carry or know where their inhaler is
- Tell an adult if they feel unwell

Managing Asthma in School

- Pupils must have immediate access to reliever inhalers

- Inhalers should be:
 - With the child, or
 - Stored safely in the classroom
- Pupils can take part in:
 - PE, trips and clubs (with inhaler available)

Asthma attacks and wheezing, coughing or any difficulty breathing (Emergency Response)

Staff will:

- Stay calm and stay with the child
- Help them use their inhaler (with spacer)
- Record the time and dosage
- Inform the Headteacher IMMEDIATELY if:
 - Symptoms do not improve
 - The child cannot speak or breathe properly

Pupils should never be sent alone to get their inhaler

Monitoring and Support

We will:

- Keep an asthma register updated regularly
- Monitor use of inhalers and record appropriately
- Monitor attendance and wellbeing
- Speak with parents if asthma is affecting learning

Training and Awareness

- Staff will receive asthma training every 1–2 years
- Asthma information will be shared with staff and pupils

Resources

<https://www.nhs.uk/conditions/asthma/>

<https://www.educationforhealth.org/?s=asthma>

https://shop.asthmaandlung.org.uk/collections/health-advice-resources?srsId=AfmBOooBP0G2RM1g87wUxgoxJ3jcgfrdrbG8Aml-q9IYN03qazGlux7_

<https://www.beatasthma.co.uk/>

<https://www.respiratoryfutures.org.uk/health-condition-resources/asthma/>

<https://www.chiesi-air.co.uk/patient/asthma-resources/>